

## An Alternate Approach

Youth benefit most from being in the least restrictive environment necessary for community protection. Treatment efforts that involve the least intrusive methods can help youth learn to manage their own behaviors.

### Opportunities to get involved

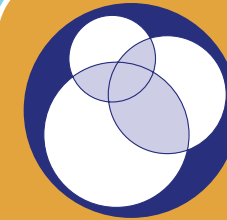
- Become a foster parent
- Provide respite for weekends or vacations
- Become a mentor
- Volunteer to tutor a youth
- Be a Big Brother or Big Sister
- Teach a special skill or talent
- Become a visiting resource



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# Westchester Wraparound



North  
American  
Family  
Institute



*Creating  
Diverse & Innovative  
Services for People*

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## A PROGRAM WITHOUT WALLS

### The NAFI Philosophy

Since 1974, North American Family Institute (NAFI) has successfully provided community-based treatment services for adolescents in a variety of settings. Today, NAFI operates over 90 community-based programs in ten states from Maine to Florida.

NAFI operates all of its programs based upon four basic tenets:

- Empower consumers
- Create normalizing environments that strive to be home-like and nurturing
- Focus on learning, including the development of appropriate skills for community living, completion of school, and attaining necessary employment skills
- Implement intervention strategies that stress stability and permanency



### Westchester Wraparound

Westchester Wraparound gives youth the opportunity to experience a stable environment that is community based, least restrictive and responsive to his/her clinical and cultural needs. The program is designed for adolescent young men and women who have been traditionally treated in residential settings.

The youth will be placed in highly trained and specialized therapeutic foster homes. A Family Support Team comprised of licensed clinicians and case managers will work in partnership with foster parents, birth families and involved community members to support the youth in striving to reach his/her full potential.

### Wraparound Supports

Therapeutic services will be provided through the Clinical Team and will include, but are not limited to: family treatment, parent guidance, individual therapy, crisis intervention, and medication management.



### The Clinical Team

The team is comprised of a program director, clinical director, consulting psychiatrist, clinicians, and case managers.

The Clinical Team will provide intensive, hands-on, flexible, family-based clinical and support services. The youth and their foster families will have access to clinical crisis supports, 24 hours, 7 days a week.